

# A Clinical Research Method for the Measurement of Low-Level Testosterone in Serum using Differential Mobility Separation with LC-MS/MS

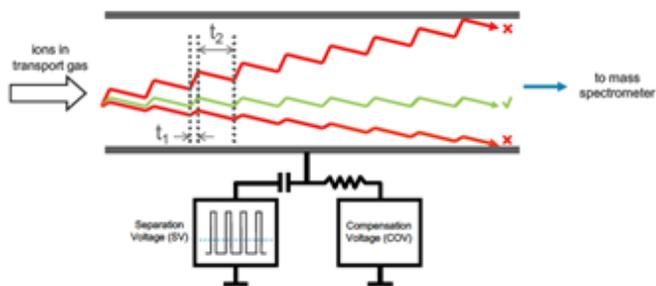
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It has been well documented that liquid chromatography-tandem mass spectrometry (LC-MS/MS) provides excellent accuracy, precision and sensitivity for measurements of steroids in biological matrices compared to traditional techniques such as immunoassays, which may suffer from cross-reactivity.

Nevertheless, there are numerous uncharacterized, endogenous components in biological fluids which have the potential to interfere with the measurement of low-level steroids such as testosterone. In this work, a novel method is presented employing differential mobility separation (DMS) in conjunction with LC-MS/MS analysis to eliminate potential interferences, thereby simplifying sample pre-treatment and enabling reduced LC run-times.

Liquid chromatography (LC), differential mobility separation (DMS), and tandem mass spectrometry (MS/MS) was used to enable the accurate quantification of low-level testosterone in human serum. The DMS cell filters out potential interferences prior to detection by MS/MS, ensuring that isobaric components do not obfuscate the analysis. The mechanism of DMS utilized in the SelexION<sup>®</sup>+ Differential Mobility Separation Technology is shown in Figure 1.



**Figure 1. SelexION+ Differential Mobility Separation Technology.**

This device consists of two planar electrodes. Voltages are applied, which serve to filter out isobaric interferences prior to detection by tandem mass spectrometry.



## Materials and Methods

**Sample Preparation:** Testosterone and testosterone-d3 were obtained as 1mg/mL standards in methanol, from Cerilliant Corporation. Calibration curves were prepared by spiking known amounts of testosterone into steroid-free serum obtained from Golden West Biologicals.

Sample preparation consisted of a one-step liquid-liquid extraction. 200  $\mu$ L of serum sample was combined with 50  $\mu$ L of internal standard solution and 1000  $\mu$ L of 90:10 hexane ethyl acetate in a micro-centrifuge tube. The sample was vortex mixed, centrifuged at 14,000 rpm for 15 minutes, and then 900  $\mu$ L of the organic supernatant was removed and evaporated to dryness under a stream of nitrogen gas. The dried sample was reconstituted in 100  $\mu$ L of methanol, and then further diluted with 100  $\mu$ L of deionized water.

**HPLC Conditions:** Chromatographic separation was accomplished using a SCIEX ExionLC<sup>™</sup> HPLC system, with a Phenomenex Kinetex C18 column (100x2.1mm, 2.6 $\mu$ m), at a flow rate of 0.6 mL/min. Mobile phase A consisted of water with NH<sub>4</sub>F. Mobile phase B consisted of methanol. The run-time was 7 minutes.

**MS/MS Conditions:** MS/MS detection was performed using the SCIEX Triple Quad™ 6500+ System equipped with IonDrive™ Turbo V Source and operated in electrospray ionization mode. Multiple Reaction Monitoring (MRM) mode was employed, with 2 MRM transitions monitored.

Optimization of SelexION+ Device parameters was performed using T-infusion of testosterone at mobile phase flow rate of 0.6 mL/min. At a fixed separation voltage (SV) of 3700 V, the compensation voltage (COV) was ramped across a broad voltage range using a step-size of 0.5V. The optimum COV value, producing a maximum in signal intensity, was observed at a value of 8.9 V as shown in Figure 2.

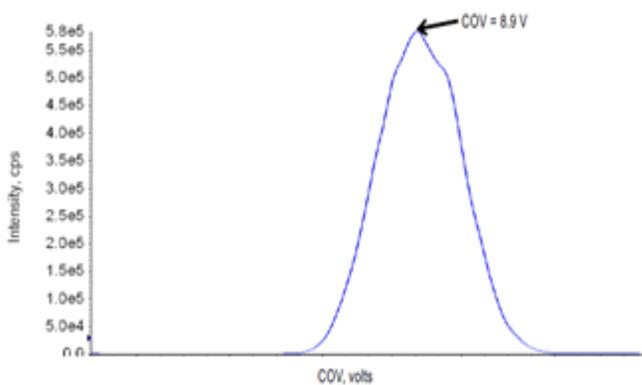


Figure 2. Optimization of COV Parameters for Testosterone.

## Results

The limit of quantification (LOQ) was observed to be <1 pg/mL, and therefore this LC-DMS-MS/MS method is suitable for the measurement of total testosterone, as well as the measurement of ‘free’ testosterone. Sensitivity and linearity are shown on a calibration curve in neat solvent in Figure 3.

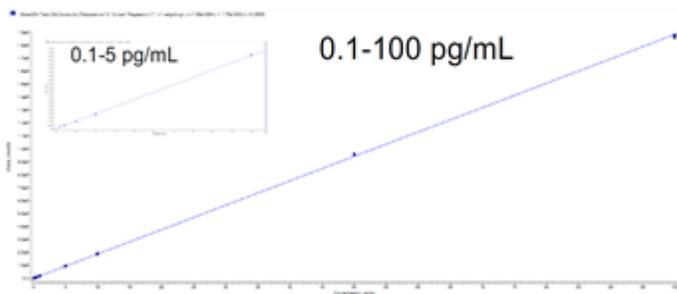


Figure 3. Linear Calibration Curve. The linear calibration curve was found to be linear from 0.1 – 100 pg/mL for testosterone in neat solvent, using SelexION+ Device.

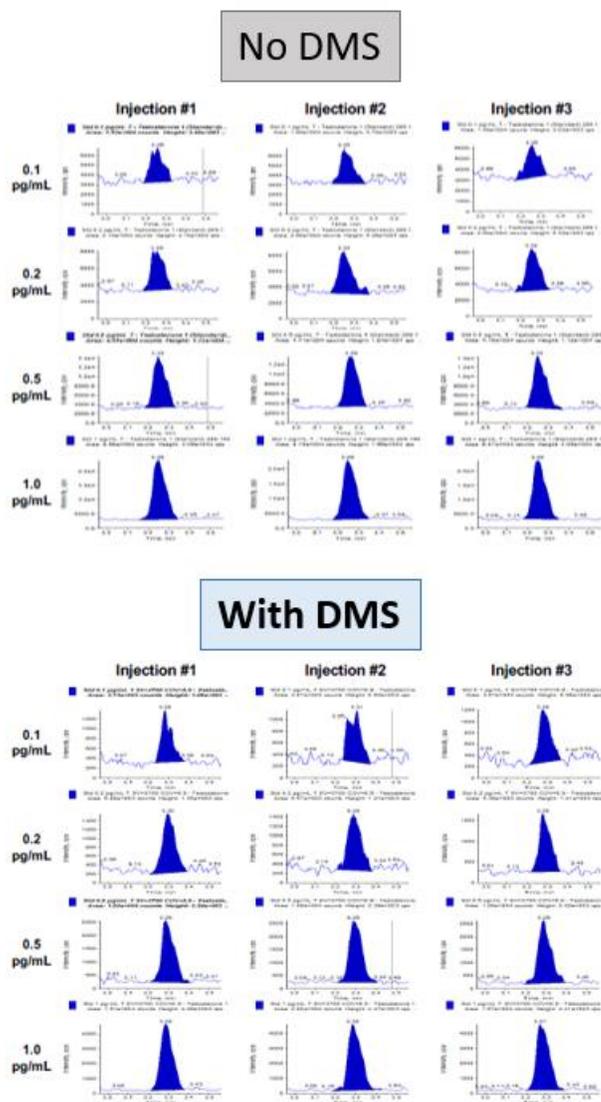


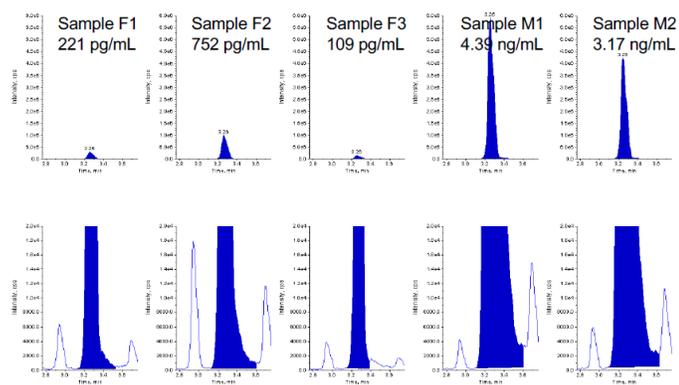
Figure 4. Evaluation of Detection Limits. Comparison of LOQ and S/N, in neat solvent, with and without the SelexION+ Device.

To demonstrate the improved sensitivity when operating the ion mobility cell, a sensitivity comparison in neat solvent is presented in Figure 4. The total counts (cps) are lower when SelexION+ Technology is employed, however the S/N and LOQ are equivalent, or better, when the ion mobility device is used.

The LC-DMS-MS/MS method was applied to the measurement of anonymized serum samples. As shown in Figure 5, the method displayed excellent sensitivity, and low chemical background due to the application of DMS.

## Conclusions

The LC-DMS-MS/MS method presented here enabled the quantification of testosterone in human serum at <math><1\text{pg/mL}</math>. No compromise in analytical sensitivity (LOQ) was observed when employing the ion mobility cell. This method provides the added advantage of improved specificity, and therefore the possibility of simplified sample preparation.



**Figure 5. Example Data in Matrix.** Example data of testosterone analysis in serum is shown, showing zoom on y-axis, to visualize separation of interferences and low chemical background due to the use of the ion mobility filter.

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