

Varenicline nitrosamine drug substance-related impurity (NDSRI) quantification in a varenicline drug product

Using the QTRAP 5500+ system

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Varenicline tartrate is an active pharmaceutical ingredient (API) found within some smoking cessation medications. In 2021, it was discovered that varenicline tartrate can form a nitrosamine-related impurity that can potentially be carcinogenic.¹ Therefore, the medication was voluntarily recalled to mitigate the adverse effects of administering the drug product. In response, the FDA determined an acceptable daily intake level of 37 ng/day¹ and released a method to analyze the varenicline NDSRI in both a varenicline drug substance and drug product.²

The current limit of 37 ng/day equates to 18.5 µg/g (ppm) when using the equation below and taking the maximum daily dose of 2 mg (2 x 1 mg tablet) per day into account.^{3,4}

$$\mu\text{g/g (PPM)} = \text{Acceptable Intake (AI, ng)} / \text{Maximum Daily Dose (MDD, mg)}$$

Due to the possible carcinogenicity of the impurity, it is important to provide a sensitive and robust method to analyze the compound within a varenicline drug product to therefore control the amount of the impurity delivered to the patient.

Here, an assay was developed that can quantify a varenicline NDSRI specifically and sensitively in a varenicline drug product using the QTRAP 5500+ system. This assay meets or exceeds current guidelines.



Key features of the QTRAP 5500+ system for varenicline NDSRI analysis

- High sensitivity was achieved on the QTRAP 5500+ system, evidenced by LLOD and LLOQ values as low as 0.02 and 0.10 ng/mL, respectively
- Varenicline NDSRI was quantified at levels below the limit of 37 ng/day, as outlined by the FDA
- An average spike recovery value of 102.0% was within typical specifications
- A high level of specificity was achieved when using 2 MRM transitions and ion ratio values
- A simple sample preparation provided consistent results across multiple preparations of the un-spiked sample
- A linear range was achieved between 0.1 and 50 ng/mL with an r value >0.99

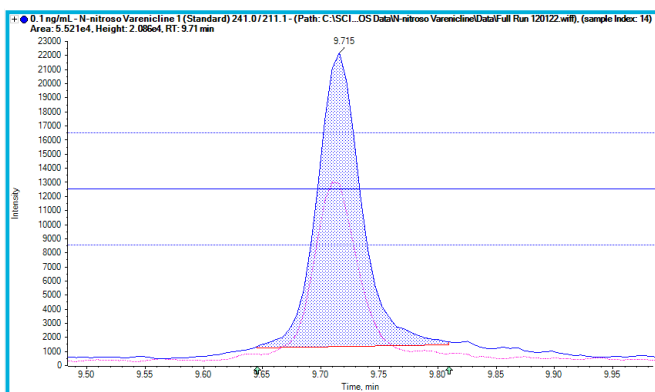


Figure 1. Lower limit of quantification for varenicline. An overlaid XIC of the quantifier and qualifier transitions for varenicline NDSRI at the LLOQ of 0.1 ng/mL. The ion ratio lines show the ±30% tolerance allowed for the qualifier ion to ensure accurate quantification.

Methods

Standard preparation: Approximately 5 mg of the varenicline NDSRI (purchased from LGC) was weighed and diluted with methanol to achieve a concentration of 1 mg/mL. The solution was vortexed for 30 seconds before sonicating for approximately 10 minutes to dissolve. Once dissolved, solutions were prepared, ranging in concentration from 0.02 to 50 ng/mL.

Sample preparation: A suitable amount of varenicline tablets were crushed. Approximately 5 mg of the crushed tablet was weighed and diluted with methanol to achieve a concentration of 1 mg/mL. The solution was vortexed for 30 seconds before being sonicated for 15 minutes. The solution was again vortexed for 30 seconds before centrifuging for 5 minutes at the highest centrifuge speed (10, 416 rcf). The supernatant was filtered through a 0.2 µm PTFE filter and transferred to a HPLC vial for analysis.

Spiked sample preparation: A suitable amount of varenicline tablets were crushed. Five mg of the crushed tablets was weighed, and 4.9 mL of methanol was added before adding 100 µL of a 100 ng/mL standard solution. The solution was vortexed for 30 seconds before being sonicated for 15 minutes. The solution was again vortexed for 30 seconds before centrifuging for 5 minutes at the highest centrifuge speed (10, 416 rcf). The supernatant was filtered through a 0.2 µm PTFE filter and transferred to a HPLC vial for analysis (1 mg/mL sample concentration, 2 ng/mL spike concentration).

Chromatography: An ExionLC AD system was used with a Phenomenex Kinetex biphenyl analytical column (2.6 µm, 150 x 4.6 mm). Refer to the SCIEX How method for more chromatographic details.⁵

Mass spectrometry: A QTRAP 5500+ system, operating in positive ion mode and using electrospray ionization (ESI), was used for analysis. See the SCIEX How method for MRM details.⁵

Data processing: All data were processed using SCIEX OS software.

Assessing standard criteria

Several parameters were evaluated to assess the validity of this method for analyzing varenicline NDSRI in a varenicline drug product (tablet formulation). A summary of the standard criteria assessed is presented in Table 1. The analysis was performed using an external calibration curve that spanned concentrations ranging from 0.1 to 50 ng/mL. An overlay of the linearities achieved by quantifier and qualifier transitions is shown in Figure 2. Both quantifier and qualifier transitions achieved r values >0.99.

Table 1. Calibration curve results. Overview of the standard criteria assessed for the analysis of the external standard calibration curve with $1/x^2$ weighting. S/N was assessed using the peak-to-peak calculation. All data presented are based on the quantifier transition.

Parameter	Result
r value	0.99924
LLOQ	0.1 ng/mL
%CV - LLOQ (n=6)	1.80
S/N - LLOQ	55.7
LLOD	0.02 ng/mL
S/N - LLOD	8.8
Average % accuracy at the LLOQ (n=6)	101.11

An LLOD of 0.02 ng/mL and an LLOQ of 0.1 ng/mL for varenicline NDSRI were achieved, as shown in Table 1. These values were reliable, based on the peak-to-peak signal-to-noise (S/N) ratio. The S/N ratios at the LLOD and LLOQ were 8.8 and 55.7, respectively. These ratios exceeded the minimum requirements of 3 for LLOD and 10 for LLOQ. Lower LLOD and LLOQ values might have been possible to achieve, however, a conservative approach was used due to a slight hump in the blank extracted ion chromatogram (XIC) at the retention time of the analyte. Figure 3 shows XICs for the blank control and samples at the LLOD and LLOQ.

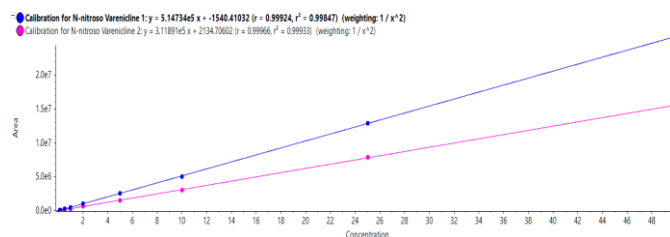


Figure 2. Overlaid linearities of the quantifier (blue) and qualifier (pink) ions. An r value >0.99 was achieved for the linearity of both the quantifier and qualifier ions.

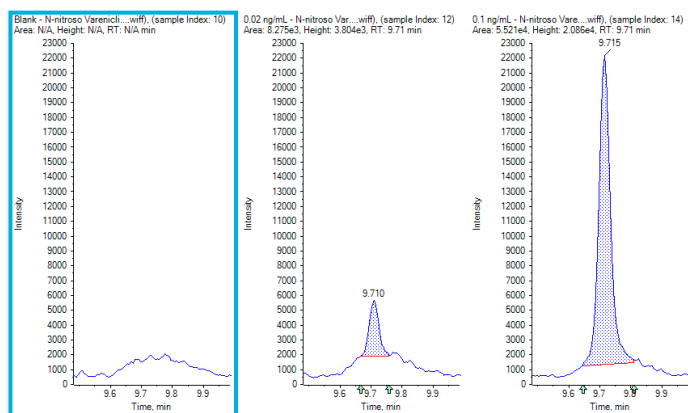


Figure 3. Quantification of varenicline NDSRI in a varenicline drug product. Quantifier ion XICs of the blank (left) and at the LLOD (0.02 ng/mL, middle) and LLOQ (0.1 ng/mL, right). Clear peaks are seen at the expected retention time for the LLOD and LLOQ.

Precision was assessed at the LLOQ of 0.1 ng/mL by performing 6 injections and calculating the %CV of the LLOQ concentration. As shown in Table 1, for this application, the %CV at the LLOQ was 1.80%, indicating that the measurements were highly precise. Moreover, an average accuracy of 101.11% was calculated for the 6 replicate injections analyzed, spanning a range from 99.44 to 104.08%. Both precision and accuracy values calculated were within acceptable criteria, as a %CV less than 10% and accuracy within $\pm 30\%$ of the expected value are considered typical.

Assessing matrix criteria

To maximize the specificity of the analysis, 2 MRM transitions were used. The ion ratios for the varenicline NDSRI-spiked samples were similar to the ratios observed in the standard solution, indicating that the sample contributed minimal interference.

Figure 4 shows the overlaid XICs of the quantifier and qualifier ions with added ion ratio lines to indicate the set tolerance of $\pm 30\%$. This analysis is easily performed in the Analytics module of the SCIEX OS software, which flags samples if the ion ratio tolerances are exceeded.

Table 2. Deviation of individual un-spiked sample injections from the mean.

Sample name	Amount ($\mu\text{g/g}$)	Average amount ($\mu\text{g/g}$)	% Difference from the average
Un-spiked sample A1	1.68	1.75	3.7
Un-spiked sample A2	1.73		0.9
Un-spiked sample B1	1.75		0.3
Un-spiked sample B2	1.82		4.3

Spiking of the varenicline drug product was performed at 2 ng/mL ($2 \mu\text{g/g}$) to assess the recovery and precision in matrix. The sample was spiked at this level because a similar amount was found in the un-spiked sample ($1.75 \mu\text{g/g}$) therefore, permitting an accurate representation of spike recovery in sample. Figure 4 shows the amount of varenicline NDSRI present in both the un-spiked and spiked samples.

To evaluate the spike recovery of the method, the varenicline drug product was prepared for 2 un-spiked and 2 spiked samples. Each un-spiked sample was injected in duplicate and the spiked preparations were injected in triplicate to determine precision. Table 3 provides an overview of the amount of varenicline NDSRI detected, %CV values and spike recovery values determined. A %CV value of $<10\%$ and accuracy within $\pm 30\%$ of the expected value were achieved.

The variability of the un-spiked sample preparation was assessed to ensure that the amount in sample was consistent between different preparations. Table 2 demonstrates high consistency between the 2 un-spiked preparations and 4 injections analyzed, as all values deviated less than 5% from the average. This result indicates that the sample preparation is consistent and within an acceptable deviation from the mean.

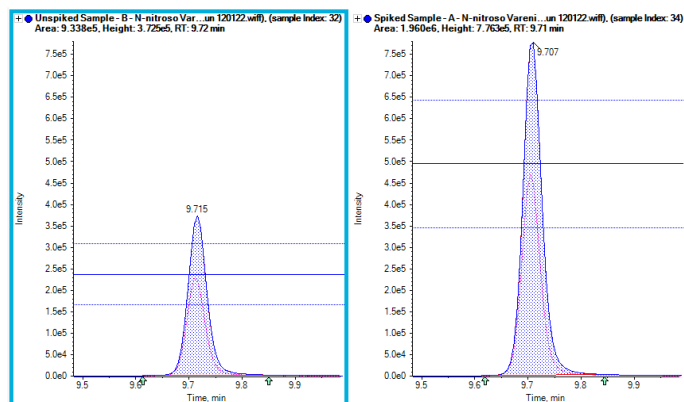


Figure 4. Varenicline NDSRI XICs for un-spiked and spiked samples. (Left) Overlaid XICs of varenicline NDSRI from the un-spiked sample. (Right) Sample spiked with varenicline NDSRI, showing the overlays of the quantifier (blue) and qualifier (pink) ions. Ion ratio lines highlight the $\pm 30\%$ tolerance allocated for the ratio between the quantifier and qualifier fragments. The un-spiked sample was determined to contain $1.75 \mu\text{g/g}$ varenicline NDSRI. Therefore, the sample was spiked at a suitable level to ensure accurate spike recovery could be calculated ($2 \mu\text{g/g}$).

Table 3. The un-spiked and spiked sample results.

Sample type	Average amount in un-spiked sample (µg/g)	Average amount in spiked sample (µg/g)	%CV of spiked sample (µg/g, n=6)	Average % spike recovery (n=6)
Varenicline tablet	1.75	3.79	1.33	102.0

Conclusions

- A suitable method was developed that can detect varenicline NDSRI in a varenicline drug product and can quantify it at and below the recommended 37 ng/day limit specified by the FDA
- An LLOD value of 0.02 ng/mL and an LLOQ value of 0.1 ng/mL highlight the excellent sensitivity provided by the QTRAP 5500+ system
- An r value >0.99 across the range of 0.1 to 50 ng/mL demonstrates accurate quantification
- An average spike recovery value of 102.0% highlights reliable quantification in the varenicline sample matrix
- The use of ion ratio values increased specificity and ensured accurate quantification in matrix.

References

1. FDA updates and press announcements on nitrosamine in varenicline (chantix) – [September 2021](#)
2. Liquid chromatography-high resolution mass spectrometry (LC-ESI-HRMS) method for the determination of varenicline nitroso-drug substance related impurity (NDSRI) in chantix™ drug product and varenicline drug substance – [August 2021](#)
3. Control of nitrosamine impurities in human drugs – guidance for industry - [February 2021](#)
4. Chantix – [how to take chantix](#)
5. Download the SCIEX How method.

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